

WE'RE OPEN
7 DAYS A WEEK
8 A.M. - 10 P.M.

Cashion's

FOOD MART

Prices Effective
June 19th - June 25th

DOUBLE COUPONS

DOUBLE MANUFACTURER'S COUPONS

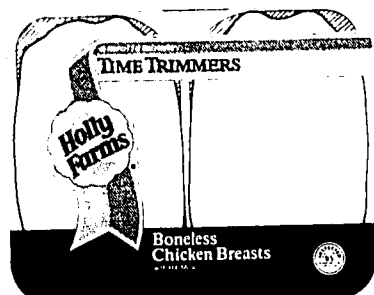
Fri. - Sat. June 21st & June 22nd

- ✕ A manufacturer's cents - off coupon is worth twice as much
- ✕ We will double the first coupon on each item up to 50¢ face value and added value not to exceed the retail price of the item
- ✕ Coupon for additional packages of the same item will be redeemed for face value only.
- ✕ Coupons 51¢ and over will be redeemed for face value only.
- ✕ Customers must purchase coupon product in specified size.

One coupon per item. Please no duplicate coupons.

Holly Farms Boneless
Chicken Breast

2.78
lb.



Fresh Chopped
Sirloin Patties

1.88
lb.

Whole Boneless
Pork Loin

2.88
lb.

Summer

FESTIVAL OF FOOD BUYS

Whole
Beef
Tenderloin

3.98
lb.



PEPSI
All Flavors

1.48

6 - pack
16 oz.
N.R. Bottles



Buy One get
One FREE

**McCormick
Black Pepper**

1.35
2 oz. can



Dukes
Mayonnaise

98¢
32 oz.

From the Deli

Luncheon
Special

Hamburger Steak,
2 Vegetables,
Roll, or Cornbread

2.88

Wilson's
Honey
Cured Ham

4.88
lb.

Deli Sliced
N.Y. Swiss
Cheese

3.88
lb.

Kaiser
Rolls

98¢
6-ct.

Cheese
Bread

1.88
1 lb. loaf

Deli Fresh
Potato &
Egg Salad

1.08
lb.

8" Round Chocolate
Cake

7.88
ea.

Cashion's
has Party Trays for any Occasion!

Tidbits on Food

Broccoli

There are two types of broccoli. The first one is sprouting broccoli or asparagus broccoli. This type of broccoli has small heads and large leaves. The plant is entirely dark green. The second type of broccoli is cauliflower or heading broccoli.



ROBERT CASHION

The buds grow close together and are white. Broccoli is a sibling of cabbage and cauliflower, much loved in Italy but originally from Cyprus. Broccoli was first introduced to England about 1700. Believe it or not, broccoli was not popular in America until the 1920's!

Most of America's broccoli comes from California. In 1924 a few crates were shipped on ice to Boston and sold to the "carriage trade." Homemakers of the day admired the pretty new vegetable with tender young stalks and large bud clusters, or heads, which is the most edible part of broccoli.

Broccoli grows best in a cool moist climate and reaches about two feet in height. Its bud clusters range from dark green to a purplish green with firm but tender stalks. Its calorie count is exceedingly low, only about 113 calories per pound, or 26 per serving. Broccoli is full of both vitamins C and A.

This week why not serve broccoli to your family. Fresh or frozen, Cashion's has broccoli year round with many other produce items in our "garden of values."

Fresh
California
Broccoli

78¢
Bunch

Eagle
Hawaiian Kettle
Chips

88¢
6.5 oz. bag

Del Monte
Ketchup

78¢
32 oz.

Specials From KRAFT

16 Slice
American
Singles

1.78
12 oz.

2 - lb. box
Velveeta
Light

3.49

16 oz. squeeze
Touch of
Butter

99¢

Russet
Potatoes

1.78
10 - lb. bag

California
Iceberg
Lettuce

78¢
Head

New Crop
California
Nectarines

88¢
lb.

CASHION'S TOTAL SATISFACTION GUARANTEE

We guarantee that Cashion's is guaranteed for your total satisfaction. If you are not satisfied, Cashion's will refund your money or replace the product. No questions asked.

21500 Catawba Ave. CORNELIUS
992-8801

OUR POLICY

Please note: We reserve the right to limit quantities and correct typographical or printing errors. Artwork in this ad is for illustration purposes only and may vary slightly from actual product packaging. Thank you.