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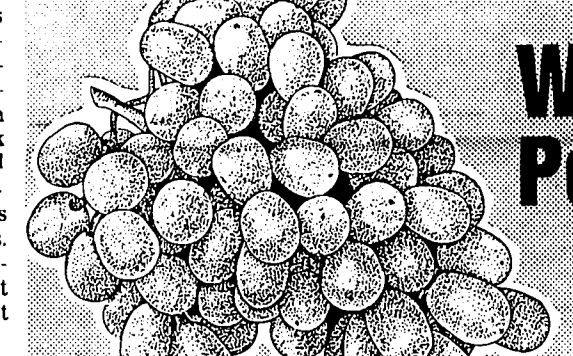
W-D Select Lean Boneless Center Cut Loin Chops 3 lb. can \$3.48

W-D Brand U.S.D.A. Choice Boneless London Broil \$2.97 lb. Western Grain Fed



Holly Farms U.S.D.A. Grade A Cut-Up Fryers 1 lb. 79¢
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\$200 Off Coupon
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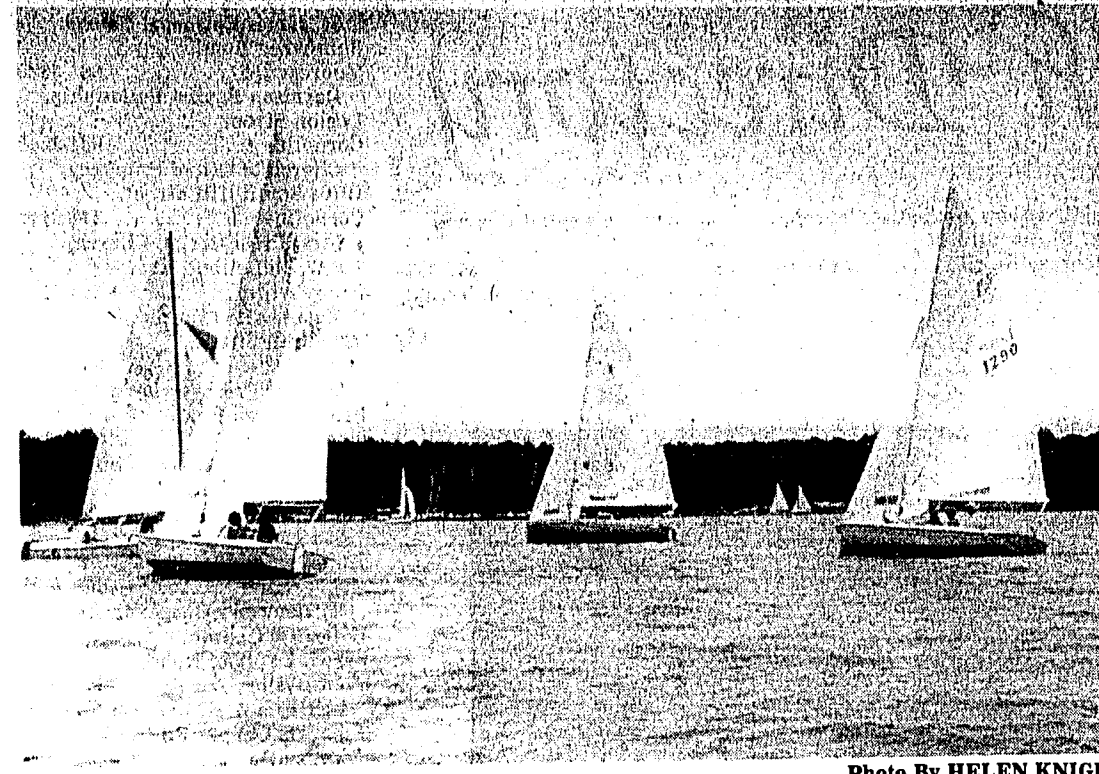
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Lake Norman Yacht Club Members Enjoy Lake's Lazy Breezes Local Yacht Club Members Sail, Race Into Watery 'Victory Lane'

By HELEN KNIGHT

With the sailing season now well underway, activities of the Lake Norman Yacht Club are in full swing. On weekends, members are on the lake in their boats in full force.

Many members race competitively in the Club Series held most Saturdays and Sundays. Others sail purely for pleasure. All members sail as often as they can.

Club Series races make up the body of the club's activities during the season. One or two races are held each weekend day.

Members take these races seriously. Trophies are awarded at the end of each weekend, as well as at the end of the season.

At the start of an afternoon's racing, members picnic under the club's pavilion. However, the excitement doesn't really begin until everyone heads for the water and prepares to set sail.

There is more to sailing than meets the eye. That is what I found when Don Smith, commodore of the LNYC, invited me to crew his boat in a recent Club Series race. To sail safely, and to be successful racing, requires a great deal of skill and experience.

Knowing how to sail is just the first of several skills that need to be acquired. A sailor must also be familiar with the rules of racing, and must develop racing tactics. Perhaps most importantly, a sailor must understand weather patterns and be able to gauge changes in those patterns. Experience is gained over years of crewing for somebody else.

The LNYC uses the modified Olympic racing course, and this is altered as necessary, according to the weather conditions of the day. If the wind is up, the course will be the full eight miles, if the wind is light, it may only be four miles long.

The race committee chairman determines the exact course. The race committee changes with each race day. Every club member serves either on the committee or as its chairman at least once during the season.

The LNYC races two categories of boats: keels and centerboards. Keel boats sail only one day a day while the centerboard boats sail two races, back to back. The keel boats don't follow the modified Olympic course, they race around the lake and work on a handicap system.

The centerboarders race the modified Olympic course, with members of each class of centerboarder racing among themselves. At the LNYC there are three classes of centerboarder: Flying Scots, Highlanders, and San Juan 21s.

Club Series races are not the only activity of the yacht club. It also hosts several regattas during the season. Regattas also involve racing on the lake, but the racing is not restricted to club members. Anyone who has a boat and is in the area can join in.

In addition, each fleet also has an invitational regatta just for its class of sail boat. These regattas are also open to the general public.

Each year the LNYC hosts rounds of the U.S. Yacht Racing Union's National Championships. This year it will host the junior quarter finals in mid-June and the junior semi-finals in mid-July.

Every summer the club also holds a week-long sail camp for juniors and adults at all levels of skill, from novice to experienced. Sail camp is the club's training program.

The club has about 200 members who own at least 300 boats. The club is run by six officers under the guidance of the commodore. These are: Vice Commodore Tom Guy, Rear Commodore Ken Hopkins, Treasurer Dick Beck, Secretary John Slater, and Member-at-Large Buck Newson.

The club members are always eager to welcome participants. Enthusiastic sailors who are interested in learning more about membership should contact Roger Pausier, 365-3724.

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