



CODDLE CREEK OLDEST CHURCH OF ARP DENOMINATION  
One Of Six Included On AAUW Tour Of Churches

## Annual Tour Of Churches To Be Held December 20 Under Sponsorship Of Mooresville AAUW Branch

Mooresville and surrounding area residents will once again be given the opportunity to participate in a Tour of Churches on December 20, sponsored by the Mooresville Branch of the American Association of University Women. President of the AAUW Chapter is Peggy Williamson.

AAUW members are excited about the tour which will include six churches: Coddle Creek Associate Reformed Presbyterian, Fieldstone Presbyterian, St. Mark's Lutheran, Mooresville Associate Reformed Presbyterian, Broad Street and Central United Methodist.

The tour will begin at 2:00 p.m. at the Coddle Creek church and other visits will be every thirty minutes. All churches will be decorated for the Christmas season and special music or scripture will be offered at each church.

The finale of the tour will be at the downtown Mooresville Garden area at the Depot with a brass ensemble performing under the direction of Bruce Boyles and Debbie Szabo, soloist. All those taking part in the tour will be invited to join in the singing of Christmas carols.

There is no charge for the tour but small baskets will be in the vestibule of each church for persons wishing to make a freewill offering which will be given to Mooresville's Christian Mission and Soup Kitchen. The garden area will be beautifully lighted with tin punched lanterns, made by the students of the Industrial Class at Mooresville Junior High School, under the sponsorship of the Moon Bakers Garden Club.

Refreshments will be served by the AAUW in the Depot. The tour will begin at Coddle Creek Associate Reformed Presbyterian Church which was organized in 1753 and is the denomination's oldest church.

Its founders were Scotch-Irish, Welsh and German people, who had moved into the area, seeking new homes.

"These were the days of long sermons and two at a time, and often the stars were out and the chickens roosted when a family of two miles distant reached home. His marriage ceremony was usually an hour. As he was unwearied in the pulpit, so he was systematic and faithful in family visitation."

Other pastors who have served Coddle Creek Associate Reformed Presbyterian Church and their tenure are: The Rev. John G. Witherspoon (1834-1846), the Rev. John E. Presley (1851-1860), the Rev. T. L. Stewart (1867-1891), the Rev. W. V. Love (1892-1900), the Rev. R. C. Davidson (1901-1919), the Rev. E. B. McGill (1921-1924), the Rev. L. M. Allison Sr. (1924-1942), the Rev. W. L. Dallas A. Alexander (1944-1949).

From 1949 to 1973, the church had two ministers, the Rev. Walter A. Kennedy, D.D., and the Rev. W. L. Presley, D.D.

Serving the church for a brief period after the retirement of Dr. Presley was the Rev. John Hooper.

In June of 1981 until the present time, the Rev. James A. Hunt serves as pastor of the church.

There have been three houses of worship.

One faced east, another south, and the present building faces west.

The second building was constructed in 1839 and in this building the General Synod met in 1841. This structure burned on February 24,

1842.

Walt-Mart, a discount retail chain, will be the anchor tenant for the Mooresville Town Center, an outdoor construction shopping center at the intersection of Plaza Drive and N.C. 150.

The trip, a continuing-education experience, gave attending representatives an inside look at how the Wal-Mart corporation runs its business. Some of the activities included in the Mooresville trip were a Saturday morning management meeting and a tour of the Wal-Mart headquarters.

Wal-Mart currently operates 980 discount department stores in 23 southern, southern and midwestern states. The stores are usually located in small communities.

Edward D. Jones and Co., founded in 1871, is the largest investment firm in the nation in terms of retail offices. Its investment representatives serve individual investors from one-person offices in 37 states.

The representatives sell only conservative investments such as mutual funds, insured tax-free bonds, certificates of deposit and the common stock of companies with histories of solid management and sound growth.

The Mooresville office is located at 138 West Stateville Avenue.

## PMS Program At Iredell Memorial

Premenstrual Syndrome is a problem that affects 80 percent of women of childbearing age, yet remains somewhat of a mystery to victims and health care professionals. You can learn more about PMS Nov. 16 during a 7:30 p.m. program to be held in the cafeteria of Iredell Hospital in Statesville.

Dr. Michael Kepley, a specialist in gynecology and gynecology, and Lisa McCutchen, a psychiatrist, will be the speakers at the free community program.

Much debate still exists among physicians as to its causes, since this condition is often confused with other symptoms. Confusion, irritability, depression, fatigue and cramps are some of the most frequent symptoms experienced.

What can be done to prevent or cure PMS? Although no cure is known, several treatment strategies can be very effective in reducing the emotional and physical pain.

Diet and nutrition plays an important role in minimizing many symptoms. By eating and balanced diet and avoiding common substances such as caffeine, chocolate, sugar and alcohol, a person's tendency toward PMS symptoms can be greatly reduced.

Regular exercise can increase the well-being of a person experiencing PMS. Exercising three to five days per week can reduce stress and depression. The best types of exercise include walking, jogging, bicycling and swimming.

Relaxation techniques can be learned to relieve stress and to help with menstrual related sleep disorders.

Attempting to modify lifestyle is the first step usually taken in treating PMS. However, many times medical treatment is recommended. The use of medication or hormone therapy is sometimes needed to minimize the symptoms. As the female improves, the medication can be gradually withdrawn and more emphasis placed on lifestyle.

Creating an awareness of PMS within the woman is a vital treatment strategy. Treatment must be long term for life-changing development to occur. Much of the fear and confusion associated with the condition can be diminished by an understanding of the effects of PMS.

For more information about the program, call Melissa Harrill or Valerie Veltz at Iredell Memorial Hospital, 873-5661, extension 350 or 3520.

Just as historical as the church itself is the burying ground, situated just back of the present church building.

The oldest legible stone in this cemetery bears the name of James Carruth and is dated December 10, 1757.

For many years, the cemetery was enclosed by a rock wall, but as the new graves were made outside the wall on the east and south sides it was decided a few years ago to remove the old wall and replace it with a curb stone.

There are 109 legible family names in the cemetery.

The Centennial History of the Associate Reformed Presbyterian Church, printed in 1905 by Walker, Evans and Cogswell Co., Charleston, SC, has this to say about the Rev. Mr. McKnight:

"He was a man of great energy and power, weighing 300 pounds, he always rode Jocko and consequently a way back horse. His voice was in proportion to his size and energy and youths at a far distance spring discussing the last general muster could make their absent mother believe they heard the sermon."

"These were the days of long sermons and two at a time, and often the stars were out and the chickens roosted when a family of two miles distant reached home. His marriage ceremony was usually an hour. As he was unwearied in the pulpit, so he was systematic and faithful in family visitation."

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DR. ANNE BYRD

## Byrd Paper Presented At Council

Dr. Anne Byrd, a Mooresville native, will present a paper she co-authored with the annual conference of the National Council on Family Relations in the Atlanta, Ga., Nov. 14-19.

Byrd is a department head and associate professor of sociology and social work at Pfeiffer College in Misenheimer. Her paper is called "Gender Differences in the Decision to Marry."

Byrd recently was named Head of the Department of Sociology and Criminal Justice at Pfeiffer College. She holds a bachelor's from Wake Forest University and a master's degree in social work from the University of North Carolina at Chapel Hill. She earned her Ph.D. from the University of North Carolina at Greensboro.

Daughter of Mrs. Helen Justice of Mooresville, Byrd is a graduate of North Carolina at Chapel Hill in New London, and she has taught at Pfeiffer since 1970.

Believing that laughter is the best medicine for one who is tired and perhaps depressed from the day's hectic schedule, motivates Freeman to work harder in getting his audience to laugh. He shows how everyone can have a better life through humor.

Freeman draws heavily upon his childhood—family, children, school, church, hunting and fishing to share humor to which every member of the audience can relate.

The serious points are supported with interesting illustrations which have an abundance of anecdotes, jokes and humorous stories.

A native of Cleveland County, Freeman graduated from Bethune High School, Gardner-Webb College, Carson-Newman College and Southeastern Baptist Seminary. He also has completed studies in pastoral care at Baptist Hospital in Winston-Salem, as well as at hospitals in Knoxville, Tenn., and Winston-Salem.

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## Kevin Grady Recipient Of God And Family Award

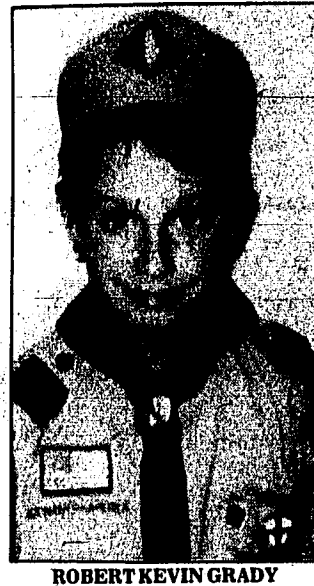
Robert Kevin Grady recently earned the God and Family Award for achievements in Webster's Scouts. He is a member of Cub Scout Pack 156, Webster's Den 3, sponsored by Mooresville's First Presbyterian Church.

The youth, who is the son of Nancy Eudy Eaddy and the late Robert Grady, was presented the award during a morning worship service at Fieldstone Presbyterian Church in Mooresville.

The pastor of the local church, the Rev. Robert M. Matthews, made the presentation.

Scout leaders "Scrap" Turner and Scott Turner attended the service along with Den members and friends.

The God and Family Award is part of the multi-level God and Country Award series, which is a nationally-recognized awards program for young people.



ROBERT KEVIN GRADY

## Services At First Baptist To Feature Guest Speaker

Charles W. (Buddy) Freeman, assistant director of admissions for church relations at Gardner-Webb College at Bowling Springs, will be guest speaker at Mooresville's First Baptist Church Sunday.

He will speak at the 11 a.m. service as well as the evening service at 7 o'clock, and the public is cordially invited to attend both services.

Freeman is not only an entertainer who can cause people to laugh, but he is also a competent speaker who can hold the interest and attention of his audience.

He has been described as a "people's person" because of his interest and love for everyday ordinary people.

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Church Members Help Missionaries With Fix-Up And Painting Chores

## Mission Provides Valuable Lessons, Experiences

Four women from Iredell County now know what it's like to serve on a church mission team in another country, and at least one of them has the experience to put to use next year.

Lynn Atwell, Patti Bell and Elaine Hundley, Mooresville-area residents and members of Prospect Presbyterian Church, took part in a nine-day mission to Tluc, Mexico in August.

They were joined by Jerry "Jerry" Perry of Statesville as members of a 12-person mission team sponsored by Shenandoah Presbyterian Church in Virginia.

The team's assignment was to perform fix-up and improvement chores at Emmanuel Presbyterian Church in Tluc. The group's efforts concentrated on the church and the pastor's residence.

Painting was the number-one duty for the mission team. During their seven days in Tluc, the members of the mission team, assisted by members of the church congregation, painted more than 90 chairs used in the church and painted the interior and exterior of the manse.

The mission team performed other minor improvement tasks at the church and manse and also laid the groundwork for an additional project as part of their work. Using money left over from a mission fund, the team started efforts to build a three-room Sunday school building on the church grounds.

Before the team left, a special cornerstone-laying ceremony was held for the new structure.

An added highlight of the trip was the chance to tour the ruins of Uxmal and Chichen Itza, ancient cities dating back to Mayan civilization.

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