



A Race Through Old Tires Is An Agility Exercise



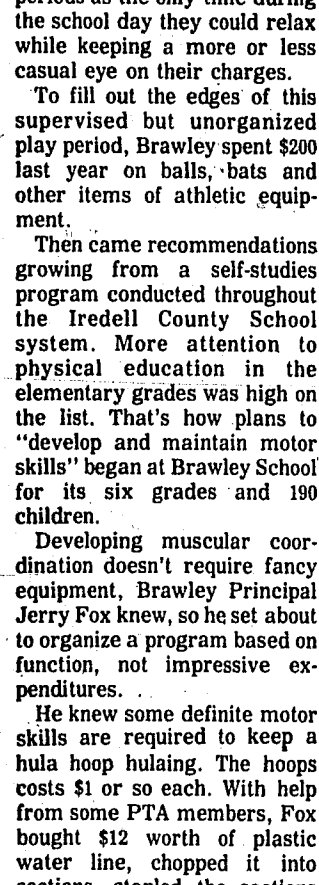
P. E. INNOVATION AT BRAWLEY SCHOOL

Some funny things have happened to Brawley School children on their way to the playground.

Their "free play time" has become, in the words of one of their teachers, time for "a sound physical education program designed to develop and maintain motor skills."

Sounds highfalutin, but the kids love it, so does the

Until this school term began, school recess at Brawley was that and not much more. It was a time for the children to relax, to chat, to play games, to do



events. By 1979 we want to have at least 40 per cent of our



Hulgaing But One Use Of Homemade Hoops

Robert I. Dalton, 90, of Charlotte, father of Rufus Dalton, president of Templeton Spinning Mills, Inc., and of William Dalton, president of Mooreville, died last Wednesday.

Mr. Dalton spent 72 years in the Southern textile industry, as a mill architect, vice president of the Whittin textile machinery company in Charlotte and a mill foreman.

Funeral services for Mr. Dalton were conducted at 3 p. m. Friday at Myers Park Presbyterian Church in Charlotte and were buried in Forest Lawn cemetery in Charlotte.

Mr. Dalton began his career in the industry when he was employed in 1904 at the Southeast Mills in Winston-Salem now at Arista Mills.

The next year he received training in textile mill architecture and engineering. He later worked for the Southeast Mills which are still operating.

In 1904 he was employed by

Loray Mills of Gastonia, now Firestone Textiles.

In 1910 he was appointed spinning agent for Whittin Machine Co. in North and Massachusetts but now in Charlotte. He became Southern agent for Whittin in 1920, vice president in 1923, and retired from Whittin in 1929.

In 1923 he and the late Carl Rudisill helped organize the Charlotte-Yale Mill of Charlotte. He served as chairman of the board until his death. He also was on the board of directors of Stonecruisers Mills in Spindale and the Carolina Manufacturing Co. in Charlotte.

Mr. Dalton is survived by his wife Edith; a daughter, Mrs. Robert Dalton, wife of four sons, Robert I. Dalton, Jr. and Rufus M. Dalton of Charlotte, James Gossett Dalton of Atlanta, Ga. and Harry Dalton of Rock Hill, S. C., two brothers, Harry Dalton of Charlotte and Rufus Dalton of Winston-Salem; one grandchild and one great-grandchild.

Mooresville isn't called the Port City of Lake Norman without cause. This community is decidedly water-oriented, and fun in and around the lake is established as part of South Iredell living. With the area's interest in water-connected activities has come a passion for water safety. As part of the community's water-safety work; Mooresville Junior High School now offers swimming instruction and life-saving technique as part of its

physical education program. Al Jones, athletic director and coach and physical education teacher at Junior High, is working with ninth graders at the War Memorial pool. The swimming experience was offered last spring, and it was so successful it is being continued this fall as long as weather permits. Jones said the swimming lessons and water-safety training make up the first unit of study in physical education for ninth grade boys.

Mooresville Postmaster Eugene Kerley today announced that a new stamps-by-mail service will be offered in the Mooresville area, beginning later this month.

According to Postmaster Kerley, "this new service will permit customers to purchase stamps and stamped envelopes through the mail using a

The postmaster also noted that "this service will be of great benefit to all our customers and especially shut-

ins, the elderly and working wives. It will enable them to satisfy their postal needs simply, rapidly and inexpensively from their own homes."

and small businesses during the next few weeks.


"This new service has been tested in selected cities nationwide with very positive results," said Postmaster Kerley. "One of our customers

Registration for evening classes at the Mooresville Junior High School is underway. Interested persons must come to the class of his choice for enrollment.

for **figure-8**

MODERN **low**
WEIGHT **calorie**
CONTROL

MILK



p.m., furniture refinishing—7 p.m., and sewing 1—7 p.m.

Courses are co-sponsored by the Mooresville City Schools and Mitchell Community College in Statesville.

Registration fees are \$3.

Social Security numbers are needed for registration, which will be completed by Monday evening, September 17.

99% Fat Free

From September through the Thanksgiving weekend, the new park just south of Charlotte will be open from 10 a.m. until 7 p.m. Saturdays and Sundays.

**ARE 100% FULLY
GUARANTEED!**

**For Home Delivery
Please Call 872-2464
STATESVILLE, N. C.**

(Formerly Young's Custom Built)

STORM WINDOWS ★ AWNINGS
STORM DOORS ★ CUT GLASS
★ SCREENS ★ CUSTOM WELDING
★ CARPORT AND PATIO COVERS
★ ORNAMENTAL IRON
★ PATIO DOORS
★ INSULATED GLASS

Financing And Installation Available

Phone 663-4936 Or 664-4047

Former Jones Memorial United Methodist
Church Building
Mooresville, N.C.

Don't Let People Call You "Cuckoo" For Shopping Those "Other" Super Markets

BE SMART... SHOP FOOD TOWN & SAVE MONEY ON GROCERIES

Smart shoppers are Food Town shoppers. Smart shoppers always shop where they know they save \$4.00 to \$5.00 or more on every normal \$20.00 grocery order. Savings like that add up to \$200 or \$300 or more in a year's time, and savings like that cannot be overlooked by any thrifty housewife. Food Town you know, too, that you are getting quality.... More than 5,500 every day low prices are all on famous nationally known brands (and most prices are at or near wholesale cost). Be a smart shopper.... Come try Food Town's "Lowest Food Prices In North Carolina" (Our research, independent research and customer response shows this to be true).

FROZEN FOODS and "LIPIN"
TOTINO'S FROZEN DELICIOUS PIZZAS
CHEESE.....70¢
HAMBURGER.....72¢
SAUSAGE.....73¢
PEPPERONI.....82¢
French Fries SWIGGLE
2-lb. BAG 39¢ 6 1/2-lb. PKG. 49¢
SAVE \$2.00 WITH THESE MERCS. BONUS COUPON

VALUABLE COUPON
SAVE 7¢
WITH THIS COUPON AT FOOD TOWN ON 5-LB. BAG ROLLER CHAMPION FLOUR
WHY PAY \$1.05 WHY PAY \$1.19
LIMIT ONE COUPON PER FAMILY
Valid After Sept. 15, 1973

VALUABLE COUPON
SAVE 10¢
WITH THIS COUPON AT FOOD TOWN ON 5-LB. BAG GOLD MEDAL FLOUR
WHY PAY \$1.09 WHY PAY \$1.19
LIMIT ONE COUPON PER FAMILY
Valid After Sept. 15, 1973

VALUABLE COUPON
SAVE 30¢
WITH THIS COUPON AT FOOD TOWN ON 6-OZ. JAR INSTANT MAXWELL HOUSE
WHY PAY \$1.28 WHY PAY \$1.49
LIMIT ONE COUPON PER FAMILY
Valid After Sept. 15, 1973

VALUABLE COUPON
SAVE 28¢
WITH THIS COUPON AT FOOD TOWN ON 3-PKGS. HAMBURGER HELPER
WHY PAY \$1.59 WHY PAY \$1.77
LIMIT ONE COUPON PER FAMILY
Valid After Sept. 15, 1973

VALUABLE COUPON
SAVE 15¢
WITH THIS COUPON AT FOOD TOWN ON 5-LB. BAG GAINES GRAVY TRAIN
WHY PAY \$1.19 WHY PAY \$1.11
LIMIT ONE COUPON PER FAMILY
Valid After Sept. 15, 1973

VALUABLE COUPON
SAVE 13¢
WITH THIS COUPON AT FOOD TOWN ON 3-BAR PACK CANAY COMPLEXION SOAP
WHY PAY \$1.45 WHY PAY \$1.25
LIMIT ONE COUPON PER FAMILY
Valid After Sept. 15, 1973

GIBSON'S STRAINED BABY FOOD 1-lb. jar 9¢ WHY PAY 12¢	REG. OR BRP GRIND COFFEE MAXWELL HOUSE 1-lb. bag 85¢ WHY PAY \$1.12	NORBERTA CREAMY BORDEN'S Cremora 77 oz. jar 59¢ WHY PAY \$1.05	FRENCH'S COUNTRY MASHED Potatoes 1-lb. box 59¢ WHY PAY 60¢
BORDEN'S SWEETENED ICE MILK 1-gal. carton 39¢ WHY PAY 50¢	ASSORTED FLAVORS HI-C FRUIT DRINKS 46-oz. can 28¢ WHY PAY 31¢	PILLE PAN BUTTER PEANUT BUTTER 1-lb. jar 69¢ WHY PAY 79¢	AMERICA'S HOT LOG CABIN SYRUP 28-oz. bottle 75¢ WHY PAY 85¢
DEL MONTE TOMATO CATSUP 28-oz. bottle 39¢ WHY PAY 51¢	EASY TO PREPARE Brown N' Serve ROLLS 3 pkgs. 89¢ WHY PAY \$1.09	LINED HOTSPOT FILLER PAPER 300 ct. pkg. 59¢ WHY PAY 69¢	FRENCH'S GOLDEN SALAD Mustard 24-oz. jar 37¢ WHY PAY 47¢

Compare the Savings at Food Town

	REG.	FOOD TOWN	Savings
SKINNERS SHORT Elbow Macaroni.....	.18	.21	
FULL OF FLAVOR Tenderleaf Teabags.....	.59	.69	
FULL OF FLAVOR Tenderleaf Teabags.....	1.09	1.29	
SWEET SEA DELICIOUS Chicken & Dumplings.....	.61	.67	
FRENCH'S GOLDEN SALAD Mustard-Onion Bits.....	.23	.27	

BRING LESS MONEY TO FOOD TOWN

	REG.	FOOD TOWN	Savings
SEVEN SEAS GREEN GODDESS Viva Italian Dressing.....	.41	.49	
SEVEN SEAS DELICIOUS Vinegar & Oil Dressing.....	.41	.49	
PURE AND DELICIOUS H&C Instant Coffee.....	1.58	2.19	
RURAL DELICIOUS H&C Grind Coffee.....	.85	1.09	
BETTY CROCKER Supreme Fudge Brownie Mix.....	.63	.73	

OUR EVERYDAY LOW PRICE ON Borden's Grade A Fresh MILK FULL GALLON JUG \$1.07 WHY PAY \$1.47

JIF FRESH CREAMY MAYONAISE QUART JAR 49¢ WHY PAY 59¢	ANTACIO SUSPENSION LIQUID MALLOX 12-oz. bottle \$1.09 WHY PAY \$1.59
---	---

DELICIOUS SWEET MILK Ballard Biscuits..... 6/59 6/67
PET INSTANT Non-Fat Dry Milk..... 3.07 3.47
DIVINE DELICATED Food Town's Sugar..... .65 .79
BRUCE WOOD Acrylic Floor Wax..... .99 1.19
ALL PURPOSE CLEANER - LEMON Parson's Ammonia..... .26 .31

2 EMBLEM CRACKING BATHROOM TISSUE 4 reels 43¢ WHY PAY 51¢	MELBO'S CORN FLAKES 14-oz. pkg. 37¢ WHY PAY 51¢	MELBO'S FROSTED FLAKES 14-oz. pkg. 51¢ WHY PAY 63¢	MELBO'S RAISIN BRAN 70-oz. pkg. 55¢ WHY PAY 69¢
--	--	---	--

VARIETY MEAT PURINA Cat Food 5-lb. can 10¢ WHY PAY 20¢	ONE BAD LIME - THREE PALMOLIVE GREEN 8-oz. can 18¢ WHY PAY 25¢	DISH DEFICIENT PALMOLIVE LIQUID GIANT SIZE 56¢ WHY PAY 67¢	IF YOU BOUGH EGGS OF THE GROCERY ITEMS IN THIS AD AT FOOD TOWN, YOUR CASH SAVINGS WILL BE MORE THAN \$8.69 OF 29%*
---	---	---	---

WILSON CERTIFIED LEAN CURED HAM
★ SHANK PORTION ★ BUTT PORTION
lb. 89¢ lb. 99¢
Center Slices..... \$1.19

CURTIS BLUE RIBBON VALLEYDALE CURED BACON PICNIC
lb. 139¢ 6 to 8 lb. 89¢

PROSTY MORN FRANKS OR BOLOGNA 89¢ 12-oz. PKG.
PROSTY MORN MONEY GOLD SAUSAGE 99¢ 12-oz. PKG.
MORRELL PROBLEM-SOLVED Pork Chops \$1.39 lb.

CURTIS DELICIOUS PROSTY MORN COUNTRY Beef Ovals HAMS 159 12-oz. PKG. 189

CURTIS PARTY TREETS \$1.59 24-oz. PKG.
CURTIS EASY SERVE MEATS \$1.29 lb.

NEED TO WATCH YOUR WEIGHT? SLENDER 16¢ 10-oz. CAN WHY PAY 20¢
SEG0 19¢ 10-oz. CAN WHY PAY 35¢

Save-Rite

Food TOWN

Why Pay More?... Food Town Tells It For Less!

KANNAPOLIS • WEST "C" ST. at CHESTNUT
OPEN MONDAY THROUGH FRIDAY 7:00 AM UNTIL 12:00 MIDNIGHT
AND SATURDAY 7:00 AM UNTIL 6:30 PM FOR YOUR SHOPPING CONVENIENCE

HUNTERSVILLE • HWY 21 at COLLEGE ST.
OPEN MONDAY THROUGH SATURDAY 8 AM TILL 9 PM